

TAKE AWAY MENU

BREAKFAST

CROISSANT (egg, gluten dairy, may contain nuts) £2.45

PAIN AU CHOCOLAT (egg, gluten dairy, may contain nuts) £2.95

PAIN AUX RAISINS (egg, gluten dairy, may contain nuts) £3.50

PAIN SUISSE (egg, gluten, nuts, dairy) £3.95

ALMOND CROISSANT (dairy, gluten, egg, nuts) £3.30

ALMOND PAIN AU CHOCOLAT (dairy, gluten, egg, nuts) £3.95

LITTLE BRIOCHE (gluten, dairy, egg, may contain nuts) £2.30

CHOUQUETTES £3 for 10

CHAUSSON AUX POMMES £3.70 FRENCH TOAST (gluten, dairy, nuts) £4.00

SCRAMBLED EGGS egg, avocado, crispy bacon and sourdough bread (egg, dairy) £6.20

SALMON AND AVOCADO TOAST toasted sourdough, avocado, smoked salmon and ponzu sauce (gluten, mustard, fish, soy, sulphur) £13.45

GOATS' CHEESE AND TOMATO CROISSANT homemade croissant, goats' cheese, tomato and basil (gluten, dairy, egg, sulphur, may contain nuts) £5.90

HAM AND CHEESE CROISSANT homemade croissant, béchamel sauce, ham and Emmental (gluten, dairy, sulphur, may contain nuts) £5.90

YOGHURT GRANOLA POT (dairy, nuts, gluten) £4.95 FRESH SEASONAL FRUIT POT £4.95

BREAD

BAGUETTE TRADITION (gluten, traces of nuts) £1.95
SOURDOUGH (gluten, traces of nuts) £5.20

SEED BREAD spelt, rye and white flour (gluten, may contain traces of nuts, sesame) £4.20
BRIOCHE (gluten, dairy, egg, may contain nuts) £4.90
PAIN DE MIE (gluten, egg, dairy, may contain traces of nuts) £5.50
WALNUT AND RAISIN BREAD wheat flour and rye (gluten, dairy, nuts) £6.50
RYE BREAD (gluten, dairy, may contain traces of nuts) £6.20
BREAD WITHOUT GLUTEN (may contain traces of nuts) £2.90

SALADS

CAESAR SALAD marinated chicken with tarragon, romaine lettuce, bacon, croutons, parmesan and tomato (dairy, fish, gluten, sulphur, mustard, egg) £6.90

NICOISE SALAD baby gem, cherry tomato, green bean, olive, tuna and quail egg (fish, egg, sulphur) £6.90

BURRATA SALAD: burrata mozzarella, burrata, courgette, oregano, almonds (dairy, sulphur, nuts) £11.50

MIX AND MATCH

COLD BOX 1 (1 MAIN 2 SIDES) £7.95 | COLD BOX 2 (1 MAIN 3 SIDES) £10.55

COLD BOX 3 (2 MAIN 3 SIDES) £13.45

Substitute with one main roast £2 - A roast portion £5

Smoked Salmon +£1.50

FISH AND MEAT (cold main)

PORCHETTA pork, herbs and garlic (sulphur) £4.90/100GR
ROAST BEEF £5.50/100GR

MARINATED CHICKEN, herbs, garlic and espelette pepper £4.90/100GR
SMOKED SALMON (fish) £6.90/100GR
CODE BRANDADE (fish, dairy, sulphur) £5.90

SALMON RILLETTES & POMEGRANATE (fish, dairy, sulphur) £5.90



SIDES

POTATO SALAD potato, mustard and chives (sulphur, mustard) £3.40/100GR

GREEK SALAD tomato, cucumber, feta cheese, Greek yoghurt and dill (dairy) £5.50/100GR

TABOULE couscous, tomato, cucumber, parsley and coriander (soy, gluten) £3.50/100GR

GREEN BEAN green beans, rosemary, lemon dressing, sourdough croutons, almonds (allergen, gluten, nuts) £3.90/100GR

RATATOUILLE mix vegetables £3.90/100GR

LENTILS SALAD lentils, sundried tomato, mushroom, lemon juice, paleta, parsley £3.90/100GR

COLESLAW honey dressing, and pickled raisins £3.90/100GR

GRILLED AUBERGINE aubergine, caper, seasonal herbs, mustard, anchovy (fish, mustard, sulphur) £3.90/100

CAVATELLI WITH PESTO Cavatelli, tomato pesto, basil, salted ricotta (gluten, egg, nuts, dairy)

£3.50

MARINATED GRILLED VEGETABLES, aged balsamic dressing and oregano (sulphur) £3.50 SMOKED ARTICHOKE CAPONATA, artichoke celery and mint (celery, sulphur) £5.00 SUGAR SNAP PEAS. Sugar snap peas, pancetta, lemon and pecorino(dairy) £4.00 ENGLISH PEAS, English peas, chorizo, goat cheese, white balsamic vinaigrette (dairy, sulphur) £4.00 ROASTED CAULIFLOWER, cauliflower, pine nuts, lemon vinaigrette, seasonal herbs (dairy, nuts) £3.50

DELI ITEMS (per portion)

LASAGNA pasta, beef meat, tomato sauce, mozzarella, parmesan cheese, carrot, celery, onion and olive oil (gluten dairy, celery) £8.50

PARMIGIANA MELANZANE aubergine, mozzarella, parmesan, tomata suace, basil (dairy) £8.50 CHEESE PLATTER choice of 4 different cheeses, bread and jam (gluten, dairy) £17.50 SOUP OF THE DAY £4.50

DELI ITEMS (by weight)

TERRINE pork belly and veal (sulphur) £6.95/100GR - PATE EN CROUTE £6.95/100GR
FOIE GRAS duck liver (sulphur) £17.95/100GR
CHORIZO £6.45/100GR - PARMA HAM £6.95/100GR
COOKED HAM £4.90/100GR - COPPA £7.90/100GR
SAUCISSON £6.45/100GR - PASTRAMI £8.20/100GR
TRUFFLE MORTADELLA £8.20/100GR

QUICHES AND PIZZAS

LORRAINE QUICHE bacon and cream quiche (gluten, dairy, egg) £5.90
VEGETABLE QUICHE mushroom, leek and red pepper quiche (gluten, dairy, egg) £5.90
FOUR CHEESES PIZZA tomato, mozzarella, ricotta, gorgonzola and parmesan (gluten, dairy) £7.50
PISSALADIERE Onion, anchovies, olives, thyme (fish, gluten) £7.30

SANDWICHES

HAM AND CHEESE Emmental cheese, butter, and baguette (gluten, dairy) £7.75

VEGETARIAN avocado, tomato, lettuce, cucumber, coriander, yoghurt mint sauce and baguette (gluten, dairy) £7.20

VEGETARIAN FOCCACIA aubergine, salsa verde, burrata cheese, spinach, red pepper and black tapenade £7.40

TUNA olives, tomato, lettuce, green bean, caper mayo and Viennois bread £8.70

SALMON smoked salmon, avocado, shiso, ponzu sauce and Viennois bread (gluten, fish, soy, egg, sulphur) £8.90

CHICKEN grilled chicken, heart of palm, artichoke, avocado, bearnaise sauce and baguette (gluten, dairy, egg, sulphur) £8.50

PARMA HAM Parma ham, cornichon, baby gem, salad, Gruyere cheese, tomato, butter, baguette (dairy, sulphur, gluten) £8.60

HOT SANDWICHES

CROQUE-MONSIEUR toasted sandwich with ham, Comté cheese and béchamel sauce (gluten, dairy, sulphur) £7.50

RUBEN toasted sandwich with classic style pastrami, sauerkraut, Emmental cheese and spicy sauce (gluten, dairy, egg, mustard)
£12.50

CLUB SANDWHICH chicken, bacon, lettuce, tomato, egg, mayo and pain de mie (egg, dairy, gluten, Sulphur) £10.50

<u>PATISSERIE</u>

CHOCOLATE ÉCLAIR (egg, gluten, dairy, traces of nuts) £7.30
CHOCOLATE TART (dairy, gluten, nuts, soy, egg) £7.30

APPLE AND MINT CAKE mousse mint, insert Grany Smith, Sablé Breton biscuit (dairy, egg, gluten, fish) £7.30

FRUITS TART diplomate cream, raspberry jam, fresh fruits (dairy, eggs, gluten, fish gelatine, nuts)£7.30

MILLE FEUILLE (dairy, gluten, nuts, soy, fish, egg) £6.85

YUZU & LEMON CAKE (gluten, egg, dairy, traces of nuts) £7.30

VANILLA FLAN (egg, gluten, dairy) £5.20

MADELEINE (gluten, egg, dairy) £1.50



Whole roast cornfed chicken from Norfolk takeaway £39

Pre order 2h in advance

Served with:
Carrot vichyssoise, onions and parsley
Roasted potatoes and onions
Coleslaw

3 choices of Stuffing:

French style: garlic and thyme
Asian style: ginger, lemongrass and coriander
Oriental style: curry, cumin and chili

Chicken gravy served on the side

Gluten free possible upon pre order

Allergen on the chicken: dairy, gluten Allergen on the coleslaw sulphur, mustard

Do not forget to eat the bread crumb stuffing!