

### **BREAKFAST**

CROISSANT (egg, gluten dairy, may contain traces of nuts) £2.45

PAIN AU CHOCOLAT (egg, gluten dairy, may contain traces of nuts) £2.95

PAIN AUX RAISINS (egg, gluten dairy, may contain traces of nuts) £3.70

PAIN SUISSE (egg, gluten, nuts, dairy) £4.20

ALMOND CROISSANT (dairy, gluten, egg, nuts) £4.25

ALMOND PAIN AU CHOCOLAT (dairy, gluten, egg, nuts) £4.50

LITTLE BRIOCHE (gluten, dairy, egg, may contain traces of nuts) £2.50

CHOUQUETTES (egg, dairy, gluten, may contain traces of nuts) £3.50 for 10

CHAUSSON AUX POMMES (Egg, gluten dairy, may contain traces of nuts) £3.70

FRENCH TOAST (gluten, egg dairy, nuts) £4.00

SCRAMBLED EGGS egg avocado, crispy bacon and sourdough bread (egg, dairy, gluten, may contain traces of nuts) £6.50

SALMON AND AVOCADO TOAST toasted sourdough, avocado, smoked salmon and ponzu sauce

(gluten, mustard, fish, soy, sulphur, may contain traces of nuts) £13.90

GOATS' CHEESE AND TOMATO CROISSANT homemade croissant, goats' cheese, tomato and basil pesto

(gluten, dairy, egg, sulphur, nuts,) £6.40

HAM AND CHEESE CROISSANT homemade croissant, béchamel sauce, ham and emmental

(gluten, dairy, egg, sulphur, may contain traces of nuts) £6.40 YOGHURT GRANOLA POT (dairy, nuts, gluten) £5.20 FRESH SEASONAL FRUIT POT £4.95

### **BREADS**

BAGUETTE TRADITION (gluten, may contain traces of nuts) £1.95

SOURDOUGH (gluten, may contain traces of nuts) £5.20

SEED BREAD spelt, rye and white flour (sesame, gluten, may contain traces of nuts) £4.90

BRIOCHE (gluten, dairy, egg, may contain traces of nuts) £5.80

PAIN DE MIE (gluten, egg, dairy, may contain traces of nuts) £5.90

WALNUT AND RAISIN BREAD wheat flour and rye (gluten, dairy, nuts) £6.90

WHOLEGRAIN BREAD (gluten, dairy, may contain traces of nuts) £6.80

RYE BREAD (gluten, dairy, may contain traces of nuts) £6.80

BREAD WITHOUT GLUTEN (egg, may contain traces of nuts) £3.20

# **SALADS**

CAESAR SALAD marinated chicken with tarragon, romaine lettuce, bacon, croutons, parmesan and tomato (dairy, fish, gluten, sulphur, mustard, egg) £7.40

NICOISE SALAD baby gem, cherry tomato, green bean, olive, tuna, parmesan cheese, egg, croutons, artichoke, sliced peppers, radish (fish, egg, dairy, sulphur, gluten) £7.40

BURRATA SALAD Burrata cheese, cherry tomato, olive oil (dairy, sulphur) £9.95

# COLD MIX AND MATCH

BOX 1 (1 MAIN 2 SIDES) £9.45 | BOX 2 (1 MAIN 3 SIDES) £11.95 Smoked Salmon +£2.00

# **COLD FISH AND MEAT**

PORCHETTA pork, herbs and garlic (sulphur) £5.40/100GR ROAST BEEF £6.20/100GR

MARINATED CHICKEN, herbs, garlic and Espelette pepper (dairy) £4.90/100GR

SMOKED SALMON (fish) £8.90/100GR

COD BRANDADE (fish, dairy, sulphur) £9.60

SALMON RILLETTES & POMEGRANATE (fish, dairy, sulphur) £6.40



FOUR CHEESES PIZZA tomato, mozzarella, ricotta, gorgonzola and parmesan (gluten, dairy) £7.90 BACON PIZZA flour, onion, bacon, cheese (dairy, gluten) £7.90

# SIDES (PRICES BY 100 GRM)

GREEN BEANS SALAD green beans, seeds granola, wasabi dressing dairy, (sulphur, nuts, sesame) £4.60

POTATO SALAD potato, mustard and chives, shallot (sulphur, mustard) £3.80 GREEK SALAD tomato, cucumber, feta cheese, Greek yoghurt and dill, red onion (dairy) £5.70

TABOULE couscous, tomato, cucumber, parsley and coriander, pepper (soy, gluten) £4.20

RATATOUILLE mix vegetables (aubergine, bell pepper, courgettes, tomato and onions) £4.20

COLESLAW white cabbage, red cabbage, carrot, honey dressing, and pickled raisins (mustard, egg, sulphur) £3.90

ROASTED HISPI CABBAGE chorizo, parmesan vinaigrette (dairy, sulphur) £4.80

BRAISED BEETROOT orange, pecan nut and Roquefort (dairy, nuts, sulphur) £3.60

BROCCOLI & CHILLY broccoli, chilli ,lemon vinaigrette (sulphur) £4.40

CAVATELLI cavatelli pasta, tomato pesto, basil, salty-ricotta (gluten, dairy,nuts, sulphur) £3.80

ROASTED SWEET POTATO, sweet potato, halloumi, red onion lemon vinaigrette (sulphur) £4.40

MARINATED VEGETABLES mix fresh vegetable, aged balsamic, seasonal herbs (dairy, gluten, sulphur) £3.90

CHICKPEAS SALAD chickpeas, artichokes, onion, tomato, basil seasonal herbs (dairy, nuts, celery) £4.80

CARROT rapées, lime, chervil, and spring onion £3.80

'NDUJA SALAD peas, 'nduja, shallots, mint, cherry vinegar, olive oil (sulphur) £6.90

CELERIAC REMOULADE celery and Dijon mustard (celery, mustard, egg) £4.60

TOMATOES SALAD tomatoes, olives, capers, onions, olive oil, balsamic vinegar (sulphur) £4.20

LENTILS SALAD fennel, oranges, cherry tomatoes, sun dried tomatoes, maple syrup, vinegar, olive oil (mustard, sulphur) £5.40

# HOT DELI ITEMS

ROAST BEEF roast potatoes, carrots (dairy) £10.95

ROAST BEEF roast potatoes, carrots, ratatouille (dairy) £13.55

ROAST CHICKEN roast potatoes, carrots (dairy) £10.95

ROAST CHICKEN roast potatoes, carrots, ratatouille (dairy) £13.55

LASAGNA pasta, beef meat, tomato sauce, mozzarella, parmesan cheese, carrot, celery,

onion, olive oil, bechamel sauce (gluten, dairy, egg, celery) £8.95

PARMIGIANA MELANZANE aubergine, mozzarella, parmesan, tomata suace,flour, basil (dairy, gluten, celery) £8.95

SOUP OF THE DAY (please check with le deli team for the allergens) £4.50

### DELI ITEMS (by weight)

PATE EN CROUTE (gluten. dairy, nuts, celery, sulphur,) £7.95/100GR

FOIE GRAS duck liver (sulphur) £18.95/100GR

CHORIZO £6.90/100GR (milk, soy) - PARMA HAM £7.50/100GR COOKED HAM £5.50/100GR - BRESAOLA £9.50/100gr

SAUCISSON £6.45/100GR - PASTRAMI £8.20/100GR

TRUFFLE MORTADELLA £8.90/100GR

CHEESE PLATTER choice of 4 different cheeses, bread and jam (gluten, dairy) £17.50

# COLD SANDWICHES

HAM AND CHEESE emmental cheese, ham, butter, and baguette (gluten, dairy) £7.75

VEGAN houmous, aubergines, rocket and dry tomato (gluten, dairy, sesame seeds, sulphur, nuts) £7.50

VEGETARIAN FOCCACIA aubergine, salsa verde, burrata cheese, spinach, red pepper and black tapenade (gluten,

#### dairy, mustard, sulphur) £8.20

TUNA olives, tomato, lettuce, green bean, caper mayo and Viennois bread (gluten, egg, sulphur, fish, dairy) £9.25 SALMON goat curd curry and lemon sauce, smoked salmon, courgettes and coriander (dairy, mustard, fish, gluten, sulphur) £9.60 CHICKEN grilled chicken, heart of palm, artichoke, avocado, bearnaise sauce and baguette, tomato (gluten, dairy, egg, sulphur) £8.80

PARMA HAM cornichon, baby gem, salad, Gruyere cheese, tomato, butter, baguette (dairy, sulphur, gluten) £8.90

BEEF béarnaise sauce, salad, cornichon, sundried tomato, bacon, avocado (egg, gluten, milk, mustard, sulphur) £9.90



# **HOT SANDWICHES**

CROQUE-MONSIEUR toasted sandwich with ham, comté cheese and béchamel sauce (gluten, dairy, sulphur) £7.50

RUBEN toasted sandwich with classic style pastrami, sauerkraut, Emmental cheese and spicy sauce, cornichon (gluten, dairy, egg, mustard) £12.90

CHICKEN & OLIVE FOCACCIA Toasted olive focaccia with chicken, sauce, baby gem, sun-dried tomato, gherkins, avocado (egg, gluten, sulphur, fish, dairy, mustard) £10.90

# PATISSERIE

CHOCOLATE TART flour, egg, butter, cream, chocolate cream, macadamia nuts (dairy, gluten, nuts, soy, egg) £6.30

RASPBERRY AND PISTACHIO TART pistachio pastry cream, egg, raspberry and rhubarb jam (dairy, eggs, gluten, nuts) £6.30

MILLE FEUILLE flour, sugar, gelatine, butter, egg, milk (dairy, gluten, nuts, soy, fish, egg) £5.85

PARIS BREST flour, milk, egg,sugar, butter, vanilla, hazelnut cream, (egg, dairy, gluten, nuts) £6.30

CHOCOLATE ÉCLAIR flour, sugar, egg, milk, butter, vanilla, chocolate (egg, gluten, dairy, traces of nuts) £6.30

RELIGIEUSE YUZY-SESAME: pate á chou, yuzu curd, praliné crunchy sesame (egg, dairy, sesame, gluten) £6.30

FRASIER pastry cream, strawberry, strawberry jam (gluten, dairy) £6.30

VANILLA FLAN flour, egg, milk, custard egg, custard powder, vanilla pods, vanilla extract (egg, gluten, dairy) £5.20

MADELEINE (gluten, egg, dairy) £1.50

# Whole roast cornfed chicken from Norfolk takeaway £39 Pre order 3h in advance

Served with:
Carrot vichyssoise
Roasted potatoes
Coleslaw

#### 3 choices of stuffing:

- French style: garlic and thyme
- Asian style: ginger, lemongrass and coriander
  - Oriental style: curry, cumin and chili

Chicken gravy served on the side

Gluten free possible upon pre order

Allergen on the chicken: dairy, gluten Allergen on the coleslaw sulphur, mustard

